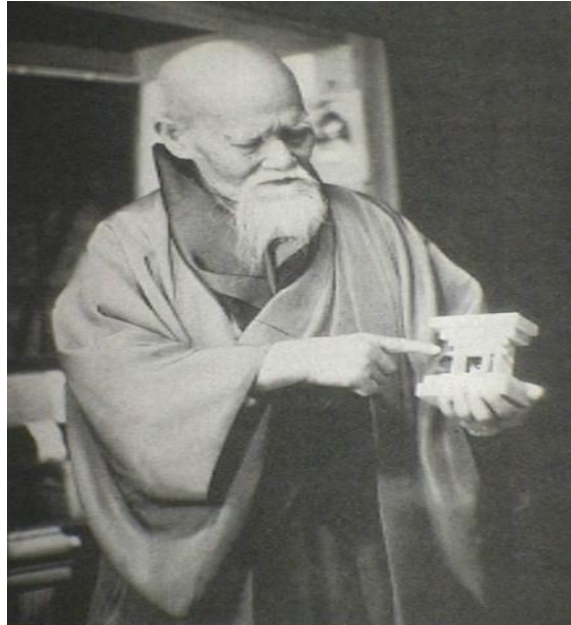


# *Osensei's Universe and You II*



*December 4, 2011 12:30 to 4:30pm*

*@ City Aikido*

*1339 Mission St*

*San Francisco, CA 94103*

*Price: \$50 (sliding scale if needed) – No advance registration*

*Have you ever wondered what Osensei's sense of the universe was? Have you ever contemplated how that could apply to your life and development both on and off the mat? This workshop will focus on giving you a basic grasp of Osensei's process in an experiential format and its implications for you both on a universal and on a daily living level. Attendance at January workshop not required for this.*

*Workshop led by Robert Nadeau, Aikido 7<sup>th</sup> dan shihan and personal student of Morihei Ueshiba Osensei.*

*For more information: (415)552-7208 or  
<http://www.cityaikido.com/contact.html>*